***Match the words with the appropriate definitions.***

1. **overweight** ['əʊvəweɪt] running at a slow speed
2. **obese** [əʊ'bi:s] to have less of something than you had before
3. **obesity** [əʊ'bi:sətɪ] to have extra weight
4. **to prevent** [prɪ'vent] to move making a small jump
5. **to burn** [bʒ:n] to stop something from happening
6. **calorie** ['kælərɪ] a small round cake with a hole in the middle
7. **to skip** [skɪp] to destroy by fire or extreme heat
8. **to lose** [lu:z] the state of being too fat
9. **muffin** ['mʌfɪn] energy that food gives

10)**jogging** ['dʒɒgɪŋ] a small sweet cake that often has fruit inside it

11)**doughnut** ['dəʊnʌt] extremely fat